

CERTIFICATE OF PARTICIPATION

This is to certify that

Mark Van Houten

Has successfully participated & completed the
8km Shift Wellness - Trail Run, The Shift Series
held at Walter Sisulu Garden.

TIME 01:17:40

PACE 09:42/km
OVERALL 48 of 166

GENDER 34 of 78
50 - 59 1 of 11

23 June 2019, Sun

Date



BoutTime

Signature

